



## Happy Inclusive Schools Week!

Your child had a lesson about Gender Inclusivity. Here are key terms that were included in the lesson:

The three aspects of Gender:

- **Sex assigned at birth** (male, female or intersex)
- **Expression** (how we dress, act or nonverbally communicate our gender to the world)
- **Identity** (Who we feel like inside, who we know ourselves to be)

Gender is a spectrum. Just like height, some people are short, some people are tall, and some people fall someplace in between. There are many gender identities, such as boy, girl, “just me”, gender non-binary, and transgender (just to name a few).

In this lesson, your student learned:

- **Gender is about self-determination.** They may express themselves however they want and what feels right for them.
- **Expression is not the same as identity.** It is okay to like things that people think are more feminine or more masculine. That does not mean that your identity has changed; you can be a “boy that does x, y, z” or a “girl that has x, y, z”.
- **Breakdown stereotypes.** Toys, activities, haircuts, clothes, etc., are things and not exclusively for “just boys” or “just girls.”
- **Gender identity is process.** Some people have identities where they have words to label how they feel. Some people don’t have words yet or trying different words everyday to figure it out, and that is okay.
- **Be respectful.** Curiosity about other people is okay, but it’s not polite to ask personal questions about them or their bodies, like “are you a boy or a girl”.
- **We are all unique.** We want to accept and celebrate people for who they are. If you are not sure about their gender, that is okay.
- **Accept Non-closure.** People need space and the freedom to express and explore their identities. We do not need to understand everything about everyone’s gender. Having confusion and unanswered curiosities is okay.

All curriculum and books used are approved for use in the San Francisco Unified School District. To view curricular materials, please contact:

- [Name], [Role at School], [School] **OR go to**
- LGBTQ Support Services, School Health Programs: [www.healthiersf.org/lgbtq](http://www.healthiersf.org/lgbtq)

Also see Gender Spectrum’s, “Responding to Concerns: Teaching about Gender,” for more information: <https://goo.gl/HCLD6E>

Thank you!